



Gift of Life Family House

401 Callowhill Street | Philadelphia, PA | 19123
267-546-9800 | www.giftoflifefamilyhouse.org

Planning for a Transplant Checklist

Learning about my Transplant

- Navigating the transplant process <https://www.giftoflifefamilyhouse.org/bridge-caregiver-support/>
 - TransplantLiving.org
 - UNOS.org
 - Organdonor.org
 - Trusted disease specific organizations (<https://www.lung.org/>, <https://www.heart.org/>, etc)
- Other Questions to ask your transplant team:
 - What do I know about transplant?
 - What does it look like to be evaluated?
 - How long will I wait for my transplant?
 - What will the surgery be like?
 - How long will I be hospitalized?
 - Where can my family stay?
 - What will my recovery in the hospital like?
 - What will my recovery out of the hospital be like?
 - Where will I go after discharge?
 - How often will I need to be seen at the transplant center after my transplant?
 - What will my limitations be after the transplant?

Financial Planning

- What will the cost of the transplant be and what will my insurance cover?
 - What will my new RX Costs be?
 - Can I speak to the Financial Coordinator on the transplant team?
- Does the caregiver qualify for a caregiver stipend if the patient has Medicaid?
 - Contact the County Assistance Office for eligibility
- Transfer paper bills to electronic bills so they can be paid from the hospital if I am away from home for the transplant



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- What will my new RX Costs be?
 - Can I speak to the Financial Coordinator on the transplant team?
- Fundraising for transplant:
 - Help Hope Live:** <https://www.helphopelive.org/>
 - National Foundation for Transplants:** <http://www.transplants.org/>

Work Planning: Speak with your Human Resources Department through your employer

Caregivers

- How much paid time off/vacation time do I have available?
- Can coworkers donate PTO/vacation?
- Do I qualify for Family Medical Leave Act (FMLA) benefits?
 - If so, how/when do you apply, how long does that benefit last?
- How long can I be out of work and still maintain my health insurance?
- How much will my health insurance cost while I am out?

Patients

- How long will I be out of work?
 - Do I qualify for disability benefits through work or Social Security Administration?
- What is my Short Term Disability and Long Term Disability benefit through work and how do I apply?
- How long can I be out of work and my maintain my health insurance?

Managing my daily [household] tasks while I am away from home

- Can I maintain my insurance benefits and at what cost?
- Collect my mail:
- Put out my trash:
- Pets:
- Pay my bills:
- [For Caregivers] Hospital backup person (so I can have a break):
- Person who will share updates with others:
- What do I want with me in hospital (iPad, music, games, books, etc):



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Support from Others

- Personal support networks (to respond when I have an emergency, who I can talk to when things are becoming difficult, to help out at my house when I am in the hospital?)
 - Family:* _____
 - Friends:* _____
 - Spiritual/ Church:* _____
 - Hospital:* _____
 - Community:* _____
- Support Groups
 - Gift of Life Groups: <http://www.donors1.org>
 - Other: <https://www.giftoflifefamilyhouse.org/bridge-caregiver-support/>
- Online Support Groups
 - Transplant Caregiver Group - <https://www.facebook.com/groups/caregiverlifeline/>
 - IPF Support Group <https://www.facebook.com/groups/256948624712288/>
 - Lung Transplant Support Group <https://www.facebook.com/groups/1600842026822759/>
 - Lung Transplant Support Group
<https://www.facebook.com/groups/LungTransplantationTakingFlightwithNewLife/>
- Other
 - <https://transplantliving.org/community/support-groups/state-listing/>
 - <http://resources.caregiver.com/>
 - <https://www.caring.com/support-groups>